

Save money and eat well with the
Earned Income Tax Credit and 3SquaresVT



Working Vermonters with income under **\$53,505** may qualify to get a credit or refund on your taxes. It's called EITC. You can get EITC even if you don't owe taxes.

Find out if you qualify for the federal and Vermont EITC: contact the IRS at 1-800-829-1040 or www.irs.gov

OR

Dial 2-1-1, free from anywhere in Vermont, for information about **free tax help services**. You can make an appointment and a certified tax preparer will help you claim EITC if you qualify.

If you receive the VT EITC and have dependent children then you likely qualify for **3SquaresVT** - a nutrition program that helps you buy more food. When kids get 3SquaresVT benefits, they also get **free school meals**.

Apply now! Dial 2-1-1 or visit vermontfoodhelp.com

Not sure if you got the VT EITC?

Check your last tax return or call the VT Tax Department at 1-866-828-2865.



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