



**3SquaresVT =
Ayandi mahera
y'imfungurwa**

vermontfoodhelp.com

3SquaresVT irafasha abantu gusuma imfungurwa buri kwezi. Impunzi, abimukira n'abatari abanyagihugu b'imvukira bashobora kwemererwa muri 3SquaresVT. Kubisaba ntibizogira ingaruka ku mimerere yawe kandi amakuru yawe ntazohabwa ibindi bigo vya reta.

Hamagara kuri 2-1-1 kugira uvugane n'umuntu avuga ururimi wipfuza, uce uraba nimba wemerewe, canke urondere bit.ly/3Qs0AUU umenye vyinshi.

Ubu butumwa bufatwa mu mugongo igice na USDA Runo rwego rutanga amahirwe angana.

